

ADAM and AI • Quick reference

Agentic Directed AI Modeling
Agentic AI Checkpoint Protocol • v1.0

1
Situating the inquiry

2
Model the
collaboration

3
Plan before acting

4
Generate and critique

5
Verify and trace

6
Decide, disclose,
reflect

Plan approval
before the AI acts

Stop and ask
when a trigger appears

Sign-off
before anything final

CHOOSE THE TIER

1. How many AI systems or agents?
2. Can the outputs be undone?
3. What is at stake if they are wrong?

1 Assist • 2 Inquire • 3 Build • 4 Orchestrate. The hardest answer sets the tier.

STOP AND ASK WHEN

- disagreement persists after two rounds
- anyone is uncertain, or no source exists
- the next step cannot be undone
- sensitive or regulated data appear

FIVE STANDING RULES

1. No anonymous agents.
2. Nothing irreversible without sign-off.
3. Check everything that leaves the session.
4. Automation follows governance, not capability.
5. Anyone may pause or refuse.

BEFORE YOU RELEASE

- Every citation opened; every DOI resolves
- Numbers recomputed; code tested
- Authors and institutions confirmed (ORCID, ROR)
- One-page verification summary written
- Disclosure statement and checklist completed

The more work is delegated to AI, the more deliberate, visible and accountable the points of human decision must become.